

IRELAND DAVID G

Form 4

October 30, 2007

FORM 4
UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
Expires: January 31,
2005
Estimated average
burden hours per
response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person *
IRELAND DAVID G

2. Issuer Name **and** Ticker or Trading
Symbol
PROGRESS SOFTWARE CORP
/MA [PRGS]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

14 OAK PARK

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
10/26/2007

____ Director ____ 10% Owner
____X____ Officer (give title ____ Other (specify
below) below)

President, OpenEdge Division

BEDFORD, MA 01730

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount (A) or (D)	Price	
Common Stock	10/26/2007		M		3,650	A \$ 14.3	6,871 D
Common Stock	10/26/2007		S		3,650	D \$ 32.42	3,221 D
Common Stock	10/29/2007		M		371	A \$ 15.07	3,592 D
Common Stock	10/29/2007		S		371	D \$ 32.51	3,221 D
Common Stock	10/30/2007		M		5,879	A \$ 15.07	9,100 D

Edgar Filing: IRELAND DAVID G - Form 4

Common Stock 10/30/2007 S 5,879 D \$ 32.39 3,221 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Nonqualified Stock Option	\$ 14.3	10/26/2007		M	3,650	<u>(1)</u> 04/02/2011	Common Stock 3,650
Nonqualified Stock Options	\$ 15.07	10/29/2007		M	371	<u>(2)</u> 04/02/2011	Common Stock 371
Nonqualified Stock Option	\$ 15.07	10/30/2007		M	5,879	<u>(2)</u> 04/02/2011	Common Stock 5,879

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
IRELAND DAVID G 14 OAK PARK BEDFORD, MA 01730	President, OpenEdge Division

Signatures

David G. Ireland 10/30/2007

Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option was originally granted on April 3, 2001, and vested in 60 equal monthly increments in effect commencing on March 1, 2001.

(2) The option was originally granted on February 24, 2003, and vested in 60 equal monthly increments commencing on March 1, 2003.

(3) As of October 29, 2007, options to vest 5,879 shares were vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.