

LAROCHE RICHARD F JR

Form 5

February 01, 2011

FORM 5**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box if
no longer subject
to Section 16.
Form 4 or Form
5 obligations
may continue.
See Instruction
1(b).

Form 3 Holdings
Reported
Form 4
Transactions
Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL
OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0362Expires: January 31,
2005Estimated average
burden hours per
response... 1.01. Name and Address of Reporting Person *
LAROCHE RICHARD F JR2. Issuer Name **and** Ticker or Trading
Symbol
NATIONAL HEALTHCARE CORP
[NHC]5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Statement for Issuer's Fiscal Year Ended
(Month/Day/Year)
12/31/2010

☒ Director ☐ 10% Owner
☐ Officer (give title below) ☐ Other (specify below)

2103 SHANNON DRIVE

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

MURFREESBORO, TN 37129

☒ Form Filed by One Reporting Person
☐ Form Filed by More than One Reporting
Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common Stock, Family LP (BFLP) ⁽²⁾	Â	Â	Â	Â	Â	Â	29,523	I	General Partner
Common Stock - Fam. Partnership (LR Ent.)	11/03/2010	Â	J	5,302 ⁽¹⁾	D	\$ 0	31,698	D	Â
	11/02/2010	Â	J		D	\$ 0	104,138	I	

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Common Stock - Fam. Partnership (LFLP)				6,000 (1)						General Partner
Common Stock - Held in my name or my wife's name	12/31/2010	Â	G	4,959 (3)	D	\$ 0	163,693	D	Â	
Common Stock - Family Foundation	12/31/2010	Â	G	8,635 (3)	D	\$ 0	0	I		Trustee, Family Foundation
Shares of Series A Conv. Preferred Stock (BFLP) (2)	12/31/2010	Â	G	5,726 (3)	D	\$ 0	96,534	I		Gen. Partner
Shares of Series A Conv. Preferred Stock - (LR Ent.)	12/31/2010	Â	G	2,600 (3)	D	\$ 0	375,602	D	Â	
Shares of Series A Conv. Preferred Stock - (LFLP)	11/02/2010	Â	J	51,688 (1)	D	\$ 0	425	I		Gen. Partner
Shares of Series A Conv. Preferred Stock-Family Foundation	12/31/2010	Â	G	1,980 (3)	D	\$ 0	8,500	I		Trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8	9
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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 44.25	Â	Â	Â	Â	Â	05/03/2006	05/02/2011	Common Stock	15,000
Option to Purchase Common Stock	\$ 52.5	Â	Â	Â	Â	Â	04/24/2007	04/23/2012	Common Stock	13,000
Option to Purchase Common Stock	\$ 51.5	Â	Â	Â	Â	Â	05/01/2008	05/01/2013	Common Stock	15,000
Option to Purchase Common Stock	\$ 37.7	Â	Â	Â	Â	Â	05/05/2009	05/04/2014	Common Stock	15,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LAROCHE RICHARD F JR 2103 SHANNON DRIVE MURFREESBORO, TN 37129	Â X	Â	Â	Â

Signatures

Richard F.
LaRoche, Jr. 02/01/2011

**Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Prorata distribution to limited partners.

(2) GRAT distributed to family partnership.

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(3) Charitable pledges to public charities satisfied through 12/31/10 gifts.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.