

BERSHAD STEPHEN W
Form 4
November 04, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BERSHAD STEPHEN W

(Last) (First) (Middle)
66 ARROYO HONDO TRAIL
(Street)
SANTA FE, NM 87508
(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
EMCOR GROUP INC [EME]

3. Date of Earliest Transaction
(Month/Day/Year)
11/03/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	11/03/2010		M		9,408 A \$ 10.58	9,408	D
Common Stock	11/03/2010		S		200 D \$ 26.35	9,208	D
Common Stock	11/03/2010		S		1,100 D \$ 26.37	8,108	D
Common Stock	11/03/2010		S		100 D \$ 26.4	8,008	D
Common Stock	11/03/2010		S		500 D \$ 26.6	7,508	D
	11/03/2010		S		300 D	7,208	D

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Common Stock						\$ 26.62		
Common Stock	11/03/2010	S	800	D	\$ 26.68	6,408		D
Common Stock	11/03/2010	S	700	D	\$ 26.7	5,708		D
Common Stock	11/03/2010	S	500	D	\$ 26.8	5,208		D
Common Stock	11/03/2010	S	500	D	\$ 26.85	4,708		D
Common Stock	11/03/2010	S	2,708	D	\$ 26.9	2,000		D
Common Stock	11/03/2010	S	1,100	D	\$ 27	900		D
Common Stock	11/03/2010	S	300	D	\$ 27.01	600		D
Common Stock	11/03/2010	S	600	D	\$ 27.03	0		D
Common Stock	11/04/2010	M	2,592	A	\$ 10.58	2,592		D
Common Stock	11/04/2010	M	12,708	D	\$ 17.79	15,300		D
Common Stock	11/04/2010	S	5,800	D	\$ 26.68	9,500		D
Common Stock	11/04/2010	S	2,200	D	\$ 26.8	7,300		D
Common Stock	11/04/2010	S	825	D	\$ 26.85	6,475		D
Common Stock	11/04/2010	S	4,175	D	\$ 26.9	2,300		D
Common Stock	11/04/2010	S	1,500	D	\$ 26.92	800		D
Common Stock	11/04/2010	S	800	D	\$ 26.94	0		D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title
Non-Employee Stock Options (right to buy)	\$ 10.58	11/03/2010		M	9,408	07/12/2001 07/11/2011	Common Stock
Non-Employee Stock Options (right to buy)	\$ 10.58	11/04/2010		M	2,592	07/12/2001 07/11/2011	Common Stock
Non-Employee Stock Options (right to buy)	\$ 17.79	11/04/2010		M	12,708	(1) 01/02/2011	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BERSHAD STEPHEN W 66 ARROYO HONDO TRAIL SANTA FE, NM 87508		X		

Signatures

Sheldon I. Cammaker,
Attorney-in-Fact

11/04/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 25% exercisable on 1/3/06; 25% exercisable on 4/1/06; 25% exercisable on 7/1/06; and 25% exercisable on 10/1/06.

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