Edgar Filing: TELEDYNE TECHNOLOGIES INC - Form 4

TELEDYNI Form 4 January 03,	E TECHNOLOGI 2014	IES INC	•									
FORM	14 UNITED	STATES		RITIES A			GE (COMMISSIO			PROVA 3235-	
if no lon subject t Section Form 4 e Form 5 obligatio may con	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction See Instruction Check this box if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES FILE PURSUAL to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)											
CAHOUET FRANK V Sy				2. Issuer Name and Ticker or Trading Symbol TELEDYNE TECHNOLOGIES INC [TDY]				 5. Relationship of Reporting Person(s) to Issuer C (Check all applicable) 				
(Last) (First) (Middle) 1049 CAMINO DOS RIOS			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2014			X_ Director10% Owner Officer (give titleOther (specify below) below)						
			4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
								Person				
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Securiti	ies Ac	quired, Disposed	of, or Benefi	ciall	y Owned	l
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Da	Date, if	3. Transactio Code (Instr. 8)	Disposed	(A) or of (D) 4 and 5) (A)	2 	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	t I ect I	7. Nature Indirect Beneficia Ownershi (Instr. 4)	l
				Code V	Amount	or (D) Pi	rice	(Instr. 3 and 4)				
Reminder: Re	port on a separate line	e for each cla	iss of sec	urities benef	-		-	indirectly.	ection of	SE	EC 1474	
								ined in this form		51	(9-02)	

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and An
Derivative Security	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orDerivative	Expiration Date	Underlying Sec
(Instr. 3)	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A Disposed of (Instr. 3, 4, a 5)	(D)			
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title A N S
Phantom Stock (1)	\$ 0 <u>(1)</u>	01/02/2014		А	458.028 (1)		<u>(1)</u>	(1)	Common Stock
Non-Employee Director Stock Option (rightto-buy)	\$ 60.03	01/02/2014		А	458 <u>(2)</u>		01/02/2015	01/02/2024	Common Stock

Reporting Owners

herewith.

Reporting Owner Name / Address		Relationsh	nips		
Toporoing o whore i value , i radi ous	Director	10% Owner	Officer	Other	
CAHOUET FRANK V 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360	Х				
Signatures					
Frank V. Cahouet by Melanie S.	Cibik pur	suant to Pow	ver of At	torney filed	01/03/2014

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. ** 78ff(a).
- Represents shares of phantom stock issued to Reporting Person in lieu of a cash retainer fee under the Teledyne Technologies (1) Incorporated 2008 Incentive Award Plan - Non-Employee Director Administrative Rules and Executive Deferred Compensation Plan. Price per share represents the value used to determine the number of phantom stock shares issued.
- Represents Non-Employee Director stock options (right-to-buy) issued to the Reporting Person in lieu of a cash retainer fee (2) under the Teledyne Technologies Incorporated Amended and Restated 2008 Incentive Award Plan-Non-Employee Director Administrative Rules.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date