TOMPKINS FINANCIAL CORP Form 5 January 3 FOF

January 31,	2014										
FORM								OM	B APPROV	/AL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION									r: 323	3235-0362	
Check thi no longer		Washington, D.C. 20549						Expires	Janu	January 31, 2005	
to Section 16. Form 4 or Form 5 obligations may continue.			FATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						ted average hours per se	ed average nours per	
See Instru 1(b). Form 3 H Reported Form 4 Transacti Reported	Filed pu foldings Section 17	(a) of the	Public U		ng Compa	any Act of					
1. Name and Address of Reporting Person <u>*</u> GRUBER SCOTT L			2. Issuer Name <b>and</b> Ticker or Trading Symbol TOMPKINS FINANCIAL CORP [TMP]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) C/O, TOM CORPORA	(First) ( MPKINS FINAN TION	<ul><li>3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)</li><li>12/31/2013</li></ul>				Director        10% Owner          Officer (give title        Other (specify below)         below)       below)       EVP, Pres. & COO, VIST Bank					
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)				
ITHACA,Â	NYÂ 14851						_X_ Form Filed Form Filed I Person	by One Report by More than C			
(City)	(State)	(Zip)	Tab	ole I - Non-Dei	rivative See	curities Acc	uired, Disposed	l of, or Benef	ficially Own	ed	
(Instr. 3)		2 2A. Deemed 3. Execution Date, if Transaction any Code (Month/Day/Year) (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form:	7. Nature Indirect Beneficial Ownershij (Instr. 4)	l		

Amount (D) Price Common by Â Â Â Â Â Â I 331.72 Stock 401(k)/ISOP Common Â Â Â Â Â Â Â 2,907.62 D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

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## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exerc Expiration D (Month/Day/	ate	7. Title and A Underlying S (Instr. 3 and 4	Securities
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights (SAR)	\$ 40.6	Â	Â	Â	ÂÂ	(1)	05/03/2023	Common Stock	3,055

## **Reporting Owners**

Reporting Owner Name / Address		Relationships					
		Director	10% Owner	Officer	Other		
GRUBER SCOTT L C/O TOMPKINS FINANCIAL CORPORATION ITHACA, NY 14851		Â	Â	EVP, Pres. & COO, VIST Bank	Â		
Signatures							
/s/ Scott L. Gruber	01/30/2014						
<u>**</u> Signature of Reporting Person	Date						

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Stock Appreciation Rights (SARs) were granted pursuant to the Tompkins Financial Corporation 2009 Equity Plan. SARs have a seven
 (1) year vesting schedule with 0% vesting in year one, 17% vesting in years two through six, and 15% vesting in year seven. When exercised, the SARs will be settled in Common Stock of the Company. The grant will expire ten years from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.