Moody Ross R Form 4 May 16, 2011

FORM 4

Form 5

obligations

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

may continue. See Instruction

1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *

Moody Ross R

NATIONAL WESTERN LIFE INSURANCE CO [NWLI]

2. Issuer Name and Ticker or Trading

(Last) (First) (Middle)

850 E ANDERSON LANE

(Street)

3. Date of Earliest Transaction (Month/Day/Year)

05/13/2011

4. If Amendment, Date Original

Symbol

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

_X__ Director 10% Owner X_ Officer (give title Other (specify

below) below) President

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

AUSTIN, TX 78752 (State)

(City)	(State) (Z	Zip) Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Secur TransactionAcquire Code Dispose		rities		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Class A Common Stock	05/16/2011		S	150	D	\$ 158	0	D	
Class A Common Stock	05/13/2011		S	150	D	\$ 159	0	D	
Class A Common Stock							7,172	D	
Class A Common							625	I	Trust

Stock

Class B

Common 482 I Trust

Stock

1. Title of

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3. Transaction Date 3A. Deemed

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

6. Date Exercisable and

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year			Securitie 4)
				Code V		Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Stock Appreciation Rights	\$ 114.64					02/19/2010(1)	02/19/2019	Class A Common Stock	1,00
Stock Appreciation Rights	\$ 114.64					02/19/2012(1)	02/19/2019	Class A Common Stock	5,51
Non-Qualified Stock Options	\$ 208.05					06/20/2009(2)	06/20/2018	Class A Common Stock	1,00
Non-Qualified Stock Options	\$ 255.13					04/18/2011(2)	04/18/2018	Class A Common Stock	5,51
Non-Qualified Stock Options	\$ 150					06/25/2005(2)	06/25/2014	Class A Common Stock	1,00
Non-Qualified Stock Options	\$ 150					04/23/2007(2)	04/23/2014	Class A Common Stock	10,00

7. Title and Amount

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Moody Ross R

850 E ANDERSON LANE X President

AUSTIN, TX 78752

Signatures

Ross R. Moody 05/16/2011

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The SARs are exercisable as they vest. The SARs vest in five equal annual installments beginning on the Date Exercisable.
- (2) The options are exercisable as they vest. The options vest in five equal annual installments beginning on the Date Exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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