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ITEM 1.01 ENTRY INTO A MATERIAL DEFINITIVE AGREEMENT

On August 18, 2006 (the "Execution Date"), Metropolitan Health Networks, Inc. (the "Company") entered into a transition and severance agreement (the "Transition Agreement") with David S. Gartner, the Company's Chief Financial Officer ("CFO"). The Transition Agreement will become effective seven days following the Execution Date (the "Effective Date") unless revoked by Mr. Gartner prior to the Effective Date.

Under the terms of the Transition Agreement, the Company and Mr. Gartner have agreed to terminate their employment relationship and provide for an orderly CFO succession. This termination of the employment relationship did not involve any disagreements between Mr. Gartner and the Company. The Company expects Mr. Gartner will continue to serve in his current position of CFO for a transition period until October 16, 2006 (the "Separation Date"). During the transition period, Mr. Gartner will continue to receive compensation and benefits pursuant to his current amended and restated employment agreement, dated January 3, 2005 ("Prior Employment Agreement").

The Transition Agreement provides, among other things, that following the Separation Date:

- o the vesting on all outstanding and unvested stock options held by Mr. Gartner as of the Separation Date will immediately accelerate and Mr. Gartner will be entitled to exercise any or all of his stock options during a three month period following the Separation Date;
- o Mr. Gartner will be entitled to receive his base salary for fifteen months following the Separation Date (the "Continuation Payments"); and
- o Mr. Gartner will be entitled to participate in certain of the Company's benefit programs for fifteen months following the Separation Date (the "Continuation Benefits").

In the event Mr. Gartner resigns or is terminated for cause prior to the Separation Date, Mr. Gartner will only be entitled to receive the Continuation Payments and Continuation Benefits for a twelve month period.

Under the Transition Agreement, Mr. Gartner has agreed to be bound by restrictive covenants regarding, among others things, non-competition with the Company for a one year period, non-solicitation of the Company's employees for a two-year period and confidentiality. Mr. Gartner has also provided a general release of claims in favor of the Company and related parties.

The Transition Agreement terminates the Prior Employment Agreement.

The foregoing does not constitute a complete summary of the terms of the Transition Agreement, and reference is made to the complete text of the Agreement, which is attached hereto as Exhibit 10.1.

ITEM 1.02 TERMINATION OF A MATERIAL DEFINITIVE AGREEMENT

As discussed in Item 1.01 above, which is incorporated herein by reference, the Prior Employment Agreement was terminated upon the execution of the Transition Agreement.

SECTION 9 - FINANCIAL STATEMENTS AND EXHIBITS

ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

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(d) Exhibits

10.1 Transition and Severance Agreement, dated as of August 18, 2006, by and between David S. Gartner and Metropolitan Health Networks, Inc.

99.1 Press Release dated August 18, 2006

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 18, 2006

METROPOLITAN HEALTH NETWORKS, INC.

By: /s/ Roberto Palenzuela

Roberto Palenzuela
Secretary and General Counsel