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Form 4 April 01, 20	ISE FINANCIAL	IINC										
FORM	ЛД								OMB AF	PROVAL		
	UNITED	STATES			AND EX n, D.C. 2(ANGE CO	MMISSION	OMB Number:	3235-0287		
Check ti if no lor subject Section Form 4	nger STATEN to STATEN 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES								Expires:January 31, 2005Estimated averageburden hours per response0.5		
Form 5 obligation may con <i>See</i> Inst 1(b).	ons ntinue. Section 17(a) of the l	Public U	Jtility Ho		npan	y Act of 1	Act of 1934, 935 or Section				
(Print or Type	Responses)											
1. Name and Address of Reporting Person <u>*</u> Froude Donald E			2. Issuer Name and Ticker or Trading Symbol AMERIPRISE FINANCIAL INC				I	5. Relationship of Reporting Person(s) to Issuer				
			AMERIPRISE FINANCIAL INC [AMP]					(Check all applicable)				
(Last) 1098 AME CENTER	(First) (Middle) CIAL		Day/Year)	Transaction			Director _X Officer (give t elow) Pres., Perso		Owner er (specify Group		
	(Street)			endment, onth/Day/Y	Date Origina ear)	al	A _	. Individual or Joi applicable Line) X_ Form filed by O Form filed by Mo	ne Reporting Per	rson		
	POLIS, MN 55474						Р	erson				
(City)	(State)	(Zip)		ole I - Non	-Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficial	•		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transact Code (Instr. 8) Code V	iomr Dispos (Instr. 3, 4	ed of (4 and 3 (A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/28/2014			M	7 Amount 35,000	(D) A	Price \$ 38.83	58,557	D			
Common Stock	03/28/2014			S	29,412	D	\$ 108.548 (1)	29,145	D			
Common Stock	03/31/2014			S	4,000	D	\$ 109.932	25,145	D			
Common Stock								4,093.88 <u>(2)</u>	Ι	By 401(k) Plan		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 38.83	03/28/2014		М	35,000	(3)	10/02/2018	Common Stock	35,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Froude Donald E 1098 AMERIPRISE FINANCIAL CENTER MINNEAPOLIS, MN 55474			Pres., Personal Advisors Group				
Signatures							
/s/ Thomas R. Moore for Donald E. Froude	04/01/	/2014					

Explanation of Responses:

**Signature of Reporting Person

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

Reflects the weighted average price of 29,412 shares of common stock of Ameriprise Financial, Inc. sold by the reporting person in multiple transactions on March 28, 2014 with sale prices ranging from \$108.37 to \$108.68 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information

regarding the number of shares sold at each separate price.

Estimate of the number of shares held in the reporting person's account in the Ameriprise Financial Stock Fund under the Ameriprise(2) Financial 401(k) plan as of March 31, 2014. This plan uses unit accounting and the number of shares that a participant is deemed to hold varies with the price of Ameriprise stock.

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(3) Fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.