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CITIZENS COMMUNICATIONS CO

Form 5

January 28, 2003

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 5 ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP () Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instructions 1(b). () Form 3 Holdings Reported () Form 4 Transactions Reported 1. Name and Address of Reporting Person Rudy J. Graf Three High Ridge Park CT, Stamford 06905 2. Issuer Name and Ticker or Trading Symbol Citizens Communications Company (CZN) 3. IRS or Social Security Number of Reporting Person (Voluntary) 4. Statement for Month/Year 12/2000 5. If Amendment, Date of Original (Month/Year) 6. Relationship of Reporting Person(s) to Issuer (Check all applicable) (X) Director () 10% Owner () Officer (give title below) () Other (specify below) 7. Individual or Joint/Group Reporting (Check Applicable Line) (X) Form filed by One Reporting Person () Form filed by More than One Reporting Person Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. 3. 4.Securities Acquired (A)							5.Amount of		
	Tran	sacti	on		Securities					
	Date	Co	de					Beneficially		
		1			A/			Owned at		
	J	- 1		Amount	D	Price		End of Year		

Table II Derivative	e Securiti	tes Acc	quired,	Dispose	ed of,	or Ben	eficiall	y Owne	d	
1.Title of Derivative Security	2.Con version								e and Amount nderlying	8.E
-	or Exer cise Pr ice of	Ì	i i	red(A)	or Dis	Date	ration (Month/ Year)	Secu	rities	vat Sec rit
	Deriva tive	 		posea	A	Date Exer	Expir - ation		le and Number	İ
	Secu rity			Amount		cisa ble	- Date 	oİ	Shares	
Phantom Stock Units	1 for 1	7/31/ 2000		442.936	A	2	2	Common	Stock 442.93	6 1
	i	1	i i		i	i	i i		i	i

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Explanation of Responses:

- 1. Acquired on various dates between July 31, and December 29, 2000, pursuant to deferred compensation plan, at prices ranging from \$13.13\$ to \$16.75 per share.
- $2.\$ Shares of phantom stock are payable in cash following termination of the Reporting Person's employment or at the end of the designated deferral period of two, five or ten years.