CRAWFORD CAROL T

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stock, par

value \$.50

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Form 5 June 16, 2010

FORM	15							OMB A	PPROVAL		
	UNITED S	STATES SECT				GE C	OMMISSION	OMB Number:	3235-0362		
Check this no longer		•	Washington, D.C. 20549					Expires:	January 31, 2005		
to Section Form 4 or 5 obligatio may contin See Instruc	Form ANN ons nue.		TATEMENT OF CHANGES IN BENI OWNERSHIP OF SECURITIES				EFICIAL	Estimated burden hou response	ed average hours per		
1(b).	Filed purs oldings Section 17(a			ng Comp	any A	Act of	1935 or Section	on			
	Address of Reporting I RD CAROL T	Symbo	er Name and Ticol Name THFIELD FOO				5. Relationship o Issuer	f Reporting Per	rson(s) to		
(Last)	(First) (M		ement for Issuer's		_	_	(Check all applicable)				
, ,	OMMERCE STRE	(Mont) 05/02	(Month/Day/Year) 05/02/2010				_X_ Director 10% Owner Officer (give title below) Other (specify below)				
C/O 200 CC	(Street)		mendment, Date	Original			6. Individual or J	oint/Group Rer	orting		
	(Succes)		Month/Day/Year)	Originar					_		
							(chec	ck applicable line)		
SMITHFIE	LD, VA 23430)					_X_ Form Filed by Form Filed by Person				
(City)	(State)	(Zip) T	able I - Non-Der	ivative Se	curitie	es Acqu	uired, Disposed o	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A)))	Securities Form: Description (D) or Owned at end of Issuer's (Instr. 4)		p 7. Nature of the Indirect Beneficial Ownership (Instr. 4)		
				Amount	or	Price	Fiscal Year (Instr. 3 and 4)				
common stock, par value \$.50	01/01/2010	Â	G	250	D	\$0	0	I	see footnote (1)		
common stock, par value \$.50	Â	Â	Â	Â	Â	Â	500	D	Â		
common stock, par	Â	Â	Â	Â	Â	Â	4,400	I	see		

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4,400

250

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footnote $\underline{^{(2)}}$

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common stock, par value \$.50									see footnote (3)
common stock, par value \$.50	Â	Â	Â	Â	Â	Â	250	I	see footnote (3)
common stock, par value \$.50	Â	Â	Â	Â	Â	Â	250	I	see footnote (3)
common stock, par value \$.50	Â	Â	Â	Â	Â	Â	8,800	I	see footnote (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

> of D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	Date Exerc	isable and	7. Titl	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Da	ate	Amou	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
									or	
						Date	Expiration		Number	
						Exercisable	Date		of	
					(A) (D)				Shares	
					(11) (D)				Silaios	

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting of their remarks	Director	10% Owner	Officer	Othe			
CRAWFORD CAROL T C/O 200 COMMERCE STREET SMITHFIELD, VA 23430	ÂX	Â	Â	Â			
Signatures							

/s/ Michael H. Cole, as Attorney-06/16/2010 in- Fact

> **Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares had been held by the reporting person as custodian for a grandchild under the VGMA. The grandchild took direct ownership of such shares upon reaching the age of twenty-one.
- (2) Shares owned by IRA of reporting person's spouse.
- (3) Shares held by reporting person as custodian for a grandchild under the VGMA.
- (4) Shares held by reporting person's spouse.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.