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amil:inherit;font-size:12pt;">/s/ Dennis W. Johnson

Director

July 21, 2016

Dennis W. Johnson

/s/ William E. McCracken

Director

July 21, 2016

William E. McCracken

/s/ Patricia L. Moss

Director

July 21, 2016

Patricia L. Moss

/s/ John K. Wilson

Director

July 21, 2016

John K. Wilson

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POWER OF ATTORNEY

The MDU Resources Group, Inc. 401(k) Retirement Plan hereby appoints the agents for service named on the cover of this registration statement, and each of them severally, as its attorney-in-fact to sign in its name and behalf and to file with the Securities and Exchange Commission any and all amendments including post-effective amendments to this registration statement.

SIGNATURES

The Plan. Pursuant to the requirements of the Securities Act of 1933, the MDU Resources Group, Inc. Employee Benefits Committee, which functions as the 401(k) Retirement Plan Committee, has duly caused this registration statement to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Bismarck, State of North Dakota, on the 21st day of July, 2016.

MDU RESOURCES GROUP,
INC.
401(k) RETIREMENT PLAN

By: /s/ Doran N. Schwartz
Doran N. Schwartz, Chairman
MDU Resources Group, Inc.
Employee Benefits Committee

EXHIBIT INDEX

*4.1 Restated
Certificate of
Incorporation
of MDU
Resources
Group, Inc.,
as amended,
dated May 13,
2010, filed as
Exhibit 3(a) to
Form 10-Q
for the quarter
ended
September 30,
2010, filed on
November 3,
2010, in File
No. 1-3480.

*4.2 Bylaws of
MDU
Resources
Group, Inc.,
as amended
and restated
on April 2,
2015, filed as
Exhibit 3 to
Form 10-Q
for the quarter
ended March
31, 2015, filed
on May 8,
2015, in File
No. 1-3480.

*4.3 Indenture,
dated as of
December 15,
2003, between
MDU
Resources
Group, Inc.
and The Bank
of New York,
as trustee,
filed as
Exhibit 4(f) to
Form S-8, on

January 21,
2004, in
Registration
No.
333-112035.

*4.4 First
Supplemental
Indenture,
dated as of
November 17,
2009, between
MDU
Resources
Group, Inc.
and The Bank
of New York
Mellon, as
trustee, filed
as Exhibit
4(c) to Form
10-K for the
year ended
December 31,
2009, filed on
February 17,
2010, in File
No. 1-3480.

*4.5 MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, as
restated
March 1,
2011, filed as
Exhibit 10(a)
to Form 10-Q
for the quarter
ended
September 30,
2011, filed on
November 4,
2011, in File
No. 1-3480.

*4.6 Instrument of
Amendment
to the MDU

Resources
Group, Inc.
401(k)
Retirement
Plan, dated
March 29,
2011, filed as
Exhibit 10(b)
to Form 10-Q
for the quarter
ended March
31, 2011, filed
on May 5,
2011, in File
No. 1-3480.

*4.7 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
June 30, 2011,
filed as
Exhibit 10(d)
to Form 10-Q
for the quarter
ended June
30, 2011, filed
on August 5,
2011, in File
No. 1-3480.

*4.8 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
September 9,
2011, filed as
Exhibit 10(b)
to Form 10-Q
for the quarter
ended
September 30,
2011, filed on

November 4,
2011, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
December 29,
*4.9 2011, filed as
Exhibit 10(ac)
to Form 10-K
for the year
ended
December 31,
2011, filed on
February 24,
2012, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
*4.10 May 24, 2012,
filed as
Exhibit 10(b)
to Form 10-Q
for the quarter
ended June
30, 2012, filed
on August 7,
2012, in File
No. 1-3480.

*4.11 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated

August 29,
2012, filed as
Exhibit 10(a)
to Form 10-Q
for the quarter
ended
September 30,
2012, filed on
November 7,
2012, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
August 29,
*4.12 2012, filed as
Exhibit 10(b)
to Form 10-Q
for the quarter
ended
September 30,
2012, filed on
November 7,
2012, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
December 19,
*4.13 2012, filed as
Exhibit 10(z)
to Form 10-K
for the year
ended
December 31,
2012, filed on
February 28,
2013, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
September 9,
*4.14 2013, filed as
Exhibit 10(b)
to Form 10-Q
for the quarter
ended
September 30,
2013, filed on
November 7,
2013, in File
No. 1-3480.

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Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
September 9,
2013, filed as
*4.15 Exhibit 10(c)
to Form
10-Q for the
quarter
ended
September
30, 2013,
filed on
November 7,
2013, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
September
23, 2013,
filed as
*4.16 Exhibit 10(d)
to Form
10-Q for the
quarter
ended
September
30, 2013,
filed on
November 7,
2013, in File
No. 1-3480.

*4.17 Instrument of
Amendment
to the MDU
Resources
Group, Inc.

401(k)
Retirement
Plan, dated
December
31, 2013,
filed as
Exhibit
10(aa) to
Form 10-K
for the year
ended
December
31, 2013,
filed on
February 21,
2014, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
March 13,
2014, filed as
*4.18 Exhibit 10(b)
to Form
10-Q for the
quarter
ended March
31, 2014,
filed on May
7, 2014, in
File No.
1-3480.

*4.19 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
June 5, 2014,
filed as
Exhibit 10(a)
to Form

10-Q for the
quarter
ended June
30, 2014,
filed on
August 8,
2014, in File
No. 1-3480.

*4.20 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
July 7, 2014,
filed as
Exhibit 4.20
to Form S-8,
filed on
August 26,
2014, in
Registration
No.
333-198364.

*4.21 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
August 18,
2014, filed as
Exhibit 4.21
to Form S-8,
filed on
August 26,
2014, in
Registration
No.
333-198364.

*4.22 Instrument of
Amendment
to the MDU
Resources

Group, Inc.
401(k)
Retirement
Plan, dated
September
30, 2014,
filed as
Exhibit 10(b)
to Form
10-Q for the
quarter
ended
September
30, 2014,
filed on
November 7,
2014, in File
No. 1-3480.

*4.23 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
November
25, 2014,
filed as
Exhibit
10(ah) to
Form 10-K
for the year
ended
December
31, 2014,
filed on
February 20,
2015, in File
No. 1-3480.

*4.24 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
December

11, 2014,
filed as
Exhibit
10(ai) to
Form 10-K
for the year
ended
December
31, 2014,
filed on
February 20,
2015, in File
No. 1-3480.

*4.25 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
December
11, 2014,
filed as
Exhibit
10(aj) to
Form 10-K
for the year
ended
December
31, 2014,
filed on
February 20,
2015, in File
No. 1-3480.

*4.26 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
December
30, 2014,
filed as
Exhibit
10(ak) to
Form 10-K

for the year
ended
December
31, 2014,
filed on
February 20,
2015, in File
No. 1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
February 17,
*4.27 2015, filed as
Exhibit 10(a)
to Form
10-Q for the
quarter
ended March
31, 2015,
filed on May
8, 2015, in
File No.
1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
March 13,
*4.28 2015, filed as
Exhibit 10(b)
to Form
10-Q for the
quarter
ended March
31, 2015,
filed on May
8, 2015, in
File No.
1-3480.

Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
June 30,
2015, filed as
*4.29 Exhibit 10(a)
to Form
10-Q for the
quarter
ended June
30, 2015,
filed on
August 4,
2015, in File
No. 1-3480.

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*4.30 Instrument of Amendment to the MDU Resources Group, Inc. 401(k) Retirement Plan, dated November 19, 2015, filed as Exhibit 10(ap) to Form 10-K for the year ended December 31, 2015, filed on February 19, 2016, in File No. 1-3480.

*4.31 Instrument of Amendment to the MDU Resources Group, Inc. 401(k) Retirement Plan, dated January 22, 2016, filed as Exhibit 10(c) to Form 10-Q for the quarter ended March 31, 2016, filed on May 6, 2016, in File No. 1-3480.

*4.32 Instrument of Amendment to the MDU Resources Group, Inc. 401(k)

- Retirement
Plan, dated
March 10,
2016, filed as
Exhibit 10(d)
to Form
10-Q for the
quarter
ended March
31, 2016,
filed on May
6, 2016, in
File No.
1-3480.
- 4.33 Instrument of
Amendment
to the MDU
Resources
Group, Inc.
401(k)
Retirement
Plan, dated
June 9, 2016.
- 5.1 Opinion of
Daniel S.
Kuntz, Esq.,
General
Counsel to
the
Company.
- 5.2 Opinion of
Duane
Morris LLP,
counsel to
the
Company.
- 23.1 Consent of
Deloitte &
Touche LLP.
- 23.2 Consent of
Baker Tilly
Virchow
Krause, LLP.
- 23.3 The consents
of Daniel S.

Kuntz and
Duane
Morris LLP
are contained
in their
opinions
filed as
Exhibits 5.1
and 5.2,
respectively,
hereto.

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Power of
Attorney (see
signature
pages).

*Previously filed and incorporated
herein by reference.

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