HealthMark Form 4 July 07, 200)6						APPROVAL	
FORM	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Statement OF CHANGES IN BENEFICIAL OWNERSHIP (SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 193 Section 17(a) of the Public Utility Holding Company Act of 1935 or Sec 30(h) of the Investment Company Act of 1940							January 31, 2005 average urs per 0.5	
(Print or Type	Responses)							
	Address of Reporting WILLIAM J	Symbo	uer Name and Ticker or bl hMarkets, Inc. [N/A	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (A		e of Earliest Transaction	-	(Check all applicable)			
9151 BOU	LEVARD 26		h/Day/Year) /2006	X Director 10% Owner X Officer (give title Other (specify below) President & CEO				
(Street) NORTH RICHLAND HILLS, TX 76180			mendment, Date Origina Month/Day/Year)	al	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State)	(Zip) T	able I - Non-Derivative	Securities A	Acquired, Disposed	of, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code Disposed	(A) or of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Re	port on a separate line	e for each class of s	ecurities beneficially ow	ned directly	or indirectly.			
			inforr requi	nation con red to resp ays a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	are not rm	SEC 1474 (9-02)	
	Tab	le II - Derivative S	ecurities Acquired, Dis	sposed of, or	Beneficially Owned	l		

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amo
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orDerivative Securities	Expiration Date	Underlying Secur

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Security (Instr. 3)	or Exercise Price of Derivative		any (Month/Day/Year)	Code (Instr. 8)	Acquired (Disposed o (Instr. 3, 4,	of (D)	(Month/Day/Y	ear)	(Instr. 3 and 4	4)
	Security			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am Nui Sha
Stock Option	\$ 14.85	04/11/2006		D <u>(1)</u>		154	08/03/2002	09/02/2006	Class A-1 Common Stock	
Stock Option	\$ 9.25	04/11/2006		A <u>(1)</u>	123		08/03/2002	09/02/2006	Class A-1 Common Stock	
Stock Option	\$ 15.19	04/11/2006		D <u>(2)</u>		150	11/02/2002	12/02/2006	Class A-1 Common Stock	
Stock Option	\$ 9.25	04/11/2006		A <u>(2)</u>	118		11/02/2002	12/02/2006	Class A-1 Common Stock	
Stock Option	\$ 14.19	04/11/2006		D <u>(3)</u>		164	02/08/2003	03/10/2007	Class A-1 Common Stock	
Stock Option	\$ 9.25	04/11/2006		A <u>(3)</u>	135		02/08/2003	03/10/2007	Class A-1 Common Stock	
Stock Option	\$ 20.1	04/11/2006		D <u>(4)</u>		114	05/03/2003	06/02/2007	Class A-1 Common Stock	
Stock Option	\$ 9.25	04/11/2006		A <u>(4)</u>	69		05/03/2003	06/02/2007	Class A-1 Common Stock	
Stock Option	\$ 30.75	04/11/2006		D <u>(5)</u>		100,000	03/16/2006	06/14/2010	Class A-1 Common Stock	10
Stock Option	\$ 9.25	04/11/2006		A <u>(5)</u>	22,523		03/16/2006	06/14/2010	Class A-1 Common Stock	22

Reporting Owners

Reporting Owner Name / Address				
FB	Director	10% Owner	Officer	Other
GEDWED WILLIAM J				
9151 BOULEVARD 26	Х		President & CEO	
NORTH RICHLAND HILLS, TX 76180				

Signatures

William J. Gedwed By /s/ Peggy G. Simpson, POA

07/07/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The two reported transactions involved an amendment to an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The exercise price of the original option (\$14.85) and the number of Class A-1 common shares issuable upon exercise of such option (154) were adjusted in a manner that preserves the aggregate "in the money" value of the option. The option otherwise remains subject in all respects to the terms of the 1987 Restated and Amended Stock Option Plan.

(2) The two reported transactions involved an amendment to an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The exercise price of the original option (\$15.19) and the number of Class A-1 common shares issuable upon exercise of such option (150) were adjusted in a manner that preserves the aggregate "in the money" value of the option. The option otherwise remains subject in all respects to the terms of the 1987 Restated and Amended Stock Option Plan.

(3) The two reported transactions involved an amendment to an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The exercise price of the original option (\$14.19) and the number of Class A-1 common shares issuable upon exercise of such option (164) were adjusted in a manner that preserves the aggregate "in the money" value of the option. The option otherwise remains subject in all respects to the terms of the 1987 Restated and Amended Stock Option Plan.

(4) The two reported transactions involved an amendment to an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The exercise price of the original option (\$20.10) and the number of Class A-1 common shares issuable upon exercise of such option (114) were adjusted in a manner that preserves the aggregate "in the money" value of the option. The option otherwise remains subject in all respects to the terms of the 1987 Restated and Amended Stock Option Plan.

The two reported transactions involved an amendment to an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The exercise price of the original option (\$30.75) and the number of Class A-1 common shares issuable upon exercise of such option (100,000) were adjusted in a manner that preserves the aggregate "in the money" value of the

option. The option otherwise remains subject in all respects to the terms of the 1987 Restated and Amended Stock Option Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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