Invesco Van Kampen High Income Trust II Form 4 September 02, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL OMB 3235-0287

Washington, D.C. 20549

Number: January 31, Expires:

2005

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Dammeyer Rodney F			2. Issuer Name and Ticker or Trading Symbol Invesco Van Kampen High Income Trust II [VLT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) CAC, LLC, 435 VILLAGE DRI		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/31/2010	X_ Director 10% Owner Officer (give title below) Other (specify below)			
SAN DIEGO, O	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tal	ole I - Non-	-Derivative	e Secu	rities Acqu	ired, Disposed o	f, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4)	ed of	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Shares	08/31/2010 <u>(1)</u>		S	740	D	\$ 15.925 (2)	16,192	I	CAC LLC Defined Benefit Plan FBO Rod Dammeyer
Common Shares	09/01/2010(1)		S	13,176	D	\$ 15.96 (3)	3,016	I	CAC LLC Defined Benefit Plan FBO

Rod

			Dammeyer
Common Shares	3,175	I	Diane Dammeyer (IRA)
Common Shares	418	I	Diane Dammeyer (AAA)
Common Shares	7,653	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.	5. ctionNum of 3) Deriv Secur Acqu (A) o Dispo of (D (Instr 4, and	vative rities nired or osed 0)	6. Date Exerc Expiration D (Month/Day/	ate	Amor Unde Secur	le and ant of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)
				Code	V (A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Dammeyer Rodney F CAC, LLC 4350 LAJOLLA VILLAGE DRIVE #320 SAN DIEGO, CA 92122	X						

Signatures

Todd L. Spillane, as Attorney in Fact 09/02/2010

**Signature of Reporting Person Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person effected multiple same-way open market sale transactions on the same day at different prices through a trade order executed by a broker-dealer. The reporting person has reported on a single line all such transactions that occurred within a one dollar
- price range. The reporting person hereby undertakes to provide upon request by the Securities and Exchange Commission staff, the issuer or a shareholder of the issue, full information regarding the number of shares sold at each separate price.
- (2) Reflects the weighted average sale price. The range of prices for such transaction is \$15.92 \$15.94.
- (3) Reflects the weighted average sale price. The range of prices for such transaction is \$15.90 \$16.01.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.