Radcliffe Ph Form 5	ilip S									
February 15,									PPROVAL	
FORM 5 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								3235-0362		
Check this no longer	s box if	x if Washington, D.C. 20549 m ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							January 31,	
to Section Form 4 or 5 obligatio may contin	16. ANN Form ANN ons nue.								Expires: 2005 Estimated average burden hours per response 1.0	
See Instruction 1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,Form 3 Holdings Reported Form 4Section 17(a) of the Public Utility Holding Company Act of 1935 or SectionForm 4 Transactions Reported30(h) of the Investment Company Act of 1940										
1. Name and A Radcliffe Pł	Symbol	ADCARE HEALTH SYSTEMS INC				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (N	(Month/I				X Director Officer (give below)		6 Owner er (specify		
106 BURNI	HAM	12/31/2	010							
		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)				
	SBURG, VA 2						_X_ Form Filed by Form Filed by Person	One Reporting P More than One R		
(City)						Acqu	ired, Disposed o		-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquired Disposed (Instr. 3,	d (A) or d of (D) , 4 and 5 (A) or)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/31/2010 <u>(1)</u>	Â	А	Amount		Price \$ <u>(1)</u>	20,554	D	Â	
Common Stock	Â	Â	Â	Â	Â	Â	20,554 <u>(3)</u>	D	Â	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		vative rities uired or osed O) r. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Warrants	\$ 2.5	Â	Â	Â	Â	Â	11/07/2006	12/08/2014	Common Stock	1,000
Warrants	Â	Â	Â	Â	Â	Â	(2)	11/16/2017	Common Stock	17,800
Options	\$ 2.5	Â	Â	Â	Â	Â	08/27/2006	08/27/2011	Common Stock	400
Options	\$ 2.5	Â	Â	Â	Â	Â	08/27/2007	08/27/2012	Common Stock	400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2007	05/09/2012	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2008	05/09/2013	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2009	05/09/2014	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2010	05/09/2015	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2011	05/09/2016	Common Stock	1,400

Reporting Owners

Reporting Owner Name / Address	Relationships						
r. e.	Director	10% Owner	Officer	Other			
Radcliffe Philip S							
106 BURNHAM	ÂΧ	Â	Â	Â			
WILLIAMSBURG, VA 23188							

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Signatures

Carol Groeber for P. Radcliffe by power of attorney

02/15/2011

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were purchased at various market prices throughout 2010 by participation in the AdCare Health Systems Employee Stock Purchase Plan.
- (2) The exercise price of the warrants vested in 2008 was \$1.21 per share, those vested in 2009 was \$2.25, those vested in 2010 was \$3.00 and those vesting in 2011 are \$4.00 per share.
- (3) This includes 829 shares issued by the company as a stock dividend to all shareholders as of 9/30/2010.