RAVEN DAVID E

Form 4

January 04, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

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Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

30(h) of the Investment Company Act of 1940

1(b).

Bancorp

(Print or Type Responses)

1. Name and Address of Reporting Person * RAVEN DAVID E			2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Cheek all applicable)		
			(Month/Day/Year)	Director 10% Owner		
52 SOUTH BROAD STREET			01/03/2013	_X_ Officer (give title Other (specify below)		
				President & CEO Pennstar		
(Street)			4. If Amendment, Date Original 6. Individual or Joint/Grou			
			Filed(Month/Day/Year)	Applicable Line)		
NORWICH,	NY 13815			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

NORWICE	Person								
(City)	(State)	(Zip) Tak	ole I - Non-	Derivative S	Secu	ırities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispose (Instr. 3, 4	ed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	01/03/2013		S	3,536 1	D	\$ 20.9082 (1)	44,755.032	D	
NBT Bancorp Inc. Common Stock							19,004.1329	I	401k
NBT							2,663.3177	I	NBT

Bancorp

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Inc. ESOP

Common Stock

1. Title of

2.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3. Transaction Date 3A. Deemed

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SEC 1474

(9-02)

6. Date Exercisable and

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

5.

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Transactic Code (Instr. 8)	onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Underlying S (Instr. 3 and	Securitie
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19				01/15/2011(2)	01/15/2020	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 20.3617				01/15/2009(3)	01/15/2018	NBT Bancorp Inc. Common Stock	17,0
Non-Qualified Stock Option (right to buy)	\$ 22.1715				01/01/2005(3)	01/01/2014	NBT Bancorp Inc. Common Stock	15,81
Non-Qualified Stock Option (right to buy)	\$ 22.352				01/01/2007(3)	01/01/2016	NBT Bancorp Inc. Common Stock	20,0
Non-Qualified Stock Option	\$ 23.2708				01/20/2006(3)	01/20/2015	NBT Bancorp	16,28

7. Title and Amount

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 25.38	01/15/2010(2)	01/15/2019	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(3)	01/01/2017	NBT Bancorp Inc. Common Stock	19,0

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

RAVEN DAVID E 52 SOUTH BROAD STREET NORWICH, NY 13815

President & CEO Pennstar

Signatures

By: F. Sheldon Prentice, Power of Attorney For: David E. Raven

01/04/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale price is an average of 100 shares sold at \$ 20.8201, 100 shares sold at \$ 20.8701, 100 shares sold at \$ 20.8901, 636 shares sold at \$ 20.90, 400 shares sold at \$ 20.91, 681 shares sold at \$ 20.9101and 1,519 shares sold at \$ 20.92.
- (2) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

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