

TIVITY HEALTH, INC.  
Form 8-K  
August 14, 2018

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8 K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of report (Date of earliest event reported): August 14, 2018 (August 8, 2018)

TIVITY HEALTH, INC.

(Exact name of registrant as specified in its charter)

Delaware                      000-19364    62-1117144  
(State or other jurisdiction (Commission (IRS Employer  
of incorporation)                      of incorporation)                      of incorporation)  
File Number) Identification No.)

701 Cool Springs Boulevard

Franklin, Tennessee                      37067  
(Address of principal executive offices) (Zip Code)

(615) 614-4929

(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

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Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On August 8, 2018, Tivity Health, Inc. (the “Company”) and Glenn Hargreaves, the Company’s Chief Accounting Officer, agreed by mutual consent that Mr. Hargreaves’ employment agreement with the Company, dated as of July 29, 2012, will terminate effective August 24, 2018. Mr. Hargreaves will remain employed by the Company until December 31, 2018 pursuant to the terms of a separation and general release agreement entered into by the Company and Mr. Hargreaves.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

TIVITY HEALTH, INC.

By: /s/ Adam Holland  
Name: Adam Holland  
Title: Chief Financial Officer

Date: August 14, 2018