

BALLY TOTAL FITNESS HOLDING CORP
Form 8-K
October 29, 2003

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C.

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF
THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): **October 28, 2003**

BALLY TOTAL FITNESS HOLDING CORPORATION

(Exact name of registrant as specified in its charter)

Commission file number: **0-27478**

Delaware	36-3228107
(State or other jurisdiction of incorporation)	(I.R.S. Employer Identification No.)
8700 West Bryn Mawr Avenue, Chicago, Illinois	60631
	(Zip Code)

(Address of principal
executive offices)

Registrant's telephone
number, including
area code: (773)
380-3000

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BALLY TOTAL FITNESS HOLDING CORPORATION

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Current Report

Item 7. Financial Statements and Exhibits

c. Exhibits

99 Press Release dated October 28, 2003

Item 12. Results of Operations and Financial Condition

On October 28, 2003, Bally Total Fitness Holding Corporation issued a press release announcing unaudited results for the quarter ended September 30, 2003. The press release is attached hereto as Exhibit 99 and incorporated by reference herein. All adjustments have been recorded which are, in the opinion of management, necessary for a fair presentation of the information included in the press release. All such adjustments were of a normal recurring nature.

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

BALLY TOTAL FITNESS HOLDING CORPORATION

Registrant

Dated: October 28, 2003

/s/ John W. Dwyer

John W. Dwyer
Executive Vice President and Chief Financial Officer
(principal financial officer)