

BALLY TOTAL FITNESS HOLDING CORP  
Form 8-K  
April 29, 2004

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C.

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**FORM 8-K**

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF  
THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): **April 28, 2004**

**BALLY TOTAL FITNESS HOLDING CORPORATION**

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(Exact name of registrant as specified in its charter)

Commission file number: **0-27478**

<b>Delaware</b>	<b>36-3228107</b>
(State or other jurisdiction of incorporation)	(I.R.S. Employer Identification No.)
<b>8700 West Bryn Mawr Avenue, Chicago, Illinois</b>	<b>60631</b>
	(Zip Code)

(Address of principal  
executive offices)

Registrant's telephone  
number, including  
area code: (773)  
380-3000

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Current Report

Item 5. Other Events

On April 28, 2004, Bally Total Fitness Holding Corporation ( Company ) announced, among other things, the resignation of John W. Dwyer as Executive Vice President, Chief Financial Officer and Director and the appointment of William G. Fanelli as Acting Chief Financial Officer. A copy of the press release relating to this announcement, and the separation agreement with Mr. Dwyer, are attached as Exhibits 99.1 and 99.2 hereto and are incorporated herein by reference.

Item 7. Financial Statements and Exhibits

c. Exhibits

99.1 Press Release dated April 28, 2004

99.2 Separation agreement for John W. Dwyer dated April 28, 2004

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

BALLY TOTAL FITNESS HOLDING CORPORATION

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Registrant

Dated: April 29, 2004

/s/ Paul A. Toback

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Paul A. Toback  
Chairman, President and Chief Executive Officer  
(principal executive officer)