

NATIONAL HEALTH INVESTORS INC
 Form 4
 April 25, 2003

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

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| | | | | | |
|--|---------|--|---|---|--|
| 1. Name and Address of Reporting Person* | | 2. Issuer Name and Ticker or Trading Symbol | | 6. Relationship of Reporting Person(s) to Issuer (Check all applicable) | |
| LaRoche, Jr., Richard F. | | National Health Investors, Inc. (NHI) | | <input checked="" type="checkbox"/> Director — | |
| (Last) | (First) | (Middle) | 3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary) | 4. Statement for Month/Day/Year April 24, 2003 | <input type="checkbox"/> 10% Owner — |
| 2103 Shannon Drive | | | | | <input checked="" type="checkbox"/> Officer (give title below) — |
| (Street) | | | 5. If Amendment, Date of Original (Month/Day/Year) | 7. Individual or Joint/Group Filing (Check Applicable Line) | <input checked="" type="checkbox"/> Secretary |
| Murfreesboro, TN 37129 | | | | | <input checked="" type="checkbox"/> Form filed by One Reporting Person |
| (City) (State) (Zip) | | | Table I Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | |

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 & 5) | | | 5. Amount of Securities Beneficially Owned Following Reported Transactions(s) (Instr. 3 & 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Beneficial Ownership (Instr. 4) |
|---|--------------------------------------|--|--------------------------------|---|---|--------|--|--|--|
| | | | | Code | V | Amount | | | |
| Common Stock in my name and my wife's name | | | | | | | 900 | D | |
| Common Stock by Trustee of LaRoche Charitable Lead Trust II | | | | | | | 25,363 | I | Trustee |
| Common Stock by LaRoche Family L.P. | | | | | | | 29,535 | I | Family Partnership |
| Common Stock by Trustee of G.R.A.T. | | | | | | | 32,951 | I | Trustee |
| Common Stock by Shannon Associates | | | | | | | 352,863 | D | |
| Common Stock by LaRoche Enterprises | | | | | | | 89,656 | D | |
| Common Stock by IRA | | | | | | | 8,208 | D | |

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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FORM 4 (continued) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 & 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 & 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---|--|---|---|-----------------------------------|---|--------|---|------------------|---|--------------|--|---|---|---|---|
| | | | | Code | V | (A) | (D) | Date Exercisable | Expiration Date | Title | | | | | |
| Option to purchase Common Stock | \$14.50 | | | A | | | | 10/27/99 | 10/26/05 | Common Stock | 20,000 | | 20,000 | D | |
| Option to purchase Common Stock | \$16.35 | 04/24/03 | | A | | 15,000 | | 04/24/03 | 04/23/08 | Common Stock | 15,000 | | 15,000 | D | |

Explanation of Responses:

By: /s/ **Richard F. LaRoche, Jr.**
Richard F. LaRoche, Jr.
 **Signature of Reporting Person

April 24, 2003
 Date

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations.
 See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.
 If space is insufficient, See Instruction 6 for procedure.

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