BALLY TOTAL FITNESS HOLDING CORP Form SC 13D/A July 19, 2005

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

> SCHEDULE 13D/A (Rule 13d-10)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULE 13d-1(a) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(a)

(Amendment No. 8)

Bally Total Fitness Holding Corporation ______ (Name of Issuer)

Common Stock, no par value \$.01 per share (Title of Class of Securities)

058 73K 10 8

(CUSIP Number)

Mr. Emanuel R. Pearlman Liberation Investment Group 11766 Wilshire Blvd. Suite #870 Los Angeles, CA 90025-6538 (310) 479-3434

______ (Name, Address and Telephone Number of Person

Authorized to Receive Notices and Communications)

July 18, 2005

(Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), Rule 13d-1(f) or Rule 13d-1(g), check the following box / /.

Note: Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See Rule 13d-7(b) for other parties to whom copies are to be sent.

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SCHEDULE 13D

	USIP No. 058 73K 10 8			Page 2 of 9
	NAME OF REPOR		SON NO. OF ABOVE PERSON	
	Liberation I	nvestment	s, L.P.	
	CHECK THE API	PROPRIATE	BOX IF A MEMBER OF A GROUP	(a) []
	(See Instruct	cions)		(b) [X]
3	SEC USE ONLY			
l	SOURCE OF FUI	NDS (See	Instructions)	
5	CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)[]			
5	CITIZENSHIP (Delaware	OR PLACE	OF ORGANIZATION	
5		DR PLACE	OF ORGANIZATION SOLE VOTING POWER 0	
.—— ;	Delaware		SOLE VOTING POWER 0	
	Delaware		SOLE VOTING POWER	
	Delaware NUMBER OF SHARES	7	SOLE VOTING POWER 0 SHARED VOTING POWER 2,662,963	
	Delaware NUMBER OF SHARES BENEFICIALLY	7 8	SOLE VOTING POWER 0 SHARED VOTING POWER 2,662,963 SOLE DISPOSITIVE POWER	
	Delaware NUMBER OF SHARES BENEFICIALLY OWNED BY	7	SOLE VOTING POWER 0 SHARED VOTING POWER 2,662,963	
	Delaware NUMBER OF SHARES BENEFICIALLY OWNED BY EACH	7 8	SOLE VOTING POWER 0 SHARED VOTING POWER 2,662,963 SOLE DISPOSITIVE POWER	

11

	2,662,963				
12	CHECK IF TH	IE AGGREG	ATE AMOUNT IN ROW (11) EXCLUD	ES CERTAIN SHARES	
	(See Instru []	ictions)			
13	PERCENT OF 7.84%	CLASS RE	PRESENTED BY AMOUNT IN ROW (1	1)	
14	TYPE OF REE	ORTING P	ERSON		
			SCHEDULE 13D		
CUSI	P No. 058 73K 10	8		Page 3 of 9	
1	NAME OF REPOR		SON NO. OF ABOVE PERSON		
	Liberation Ir	nvestment	s, Ltd.		
2	CHECK THE APE	PROPRIATE	BOX IF A MEMBER OF A GROUP	(a) []	
	(See Instruct	ions)		(b) [X]	
3	SEC USE ONLY				
	SOURCE OF FUNDS (See Instructions)				
4	WC				
5	CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)[]				
6	CITIZENSHIP OR PLACE OF ORGANIZATION Cayman Islands				
		 7	SOLE VOTING POWER		
	NUMBER OF	•	-		
	SHARES		SHARED VOTING POWER		
	BENEFICIALLY	8	1,436,487		
	OWNED BY				

	EACH REPORTING		SOLE DISPOSITIVE POWER 0	
	PERSON WITH	10	SHARED DISPOSITIVE POWER 1,436,487	
1,436,487			NEFICIALLY OWNED BY EACH REPOR	
12		AGGREG	GATE AMOUNT IN ROW (11) EXCLUDE	
13	PERCENT OF C	LASS RE	PRESENTED BY AMOUNT IN ROW (11)
14	TYPE OF REPO (See Instruc	RTING P	PERSON	
CUSIP	No. 058 73K 10 8		SCHEDULE 13D	Page 4 of 9
1	NAME OF REPORT I.R.S. IDENTIF Liberation Inv	ICATION	NO. OF ABOVE PERSON	
2	CHECK THE APPR	OPRIATE	BOX IF A MEMBER OF A GROUP	(a) [] (b) [X]
3	SEC USE ONLY			
4	SOURCE OF FUND	S (See		
5		OSURE C	OF LEGAL PROCEEDINGS IS REQUIRE	

6	CITIZENSHIP O Delaware	R PLACE OF	ORGANIZATION	
	NUMBER OF	7	SOLE VOTING POWER 0	
	SHARES BENEFICIALLY OWNED BY	8	SHARED VOTING POWER 4,099,450	
	EACH REPORTING	9	SOLE DISPOSITIVE POWER 0	
	PERSON WITH		SHARED DISPOSITIVE POWER 4,099,450	
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 4,099,450			RTING PERSON
12	CHECK IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES (See Instructions)			
13	PERCENT OF 12.06%	CLASS REPR	ESENTED BY AMOUNT IN ROW (11	.)
14	TYPE OF REP (See Instru OO, IA	-	SON	
			SCHEDULE 13D	
	P No. 058 73K 10			Page 5 of 9
1	NAME OF REPOR I.R.S. IDENTI Emanuel R. Pe	FICATION N	N O. OF ABOVE PERSON	
2	CHECK THE APP		OX IF A MEMBER OF A GROUP	(a) []

SEC USE ONLY 3 ______ SOURCE OF FUNDS (See Instructions) N/A ______ CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)[] CITIZENSHIP OR PLACE OF ORGANIZATION United States SOLE VOTING POWER 7 35,000 NUMBER OF SHARES SHARED VOTING POWER BENEFICIALLY 8 4,099,450 OWNED BY ______ EACH SOLE DISPOSITIVE POWER 35,000 REPORTING PERSON SHARED DISPOSITIVE POWER WITH 10 4,099,450 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 11 4,134,450 CHECK IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES 12 (See Instructions) [] PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 13 12.16% TYPE OF REPORTING PERSON (See Instructions) IN, HC ______

INTRODUCTION

This Amendment No. 8 (this "Amendment") relates to the Schedule 13D filed on behalf of (i) Liberation Investments, L.P., a Delaware limited partnership ("LILP"); (ii) Liberation Investments Ltd. ("LILtd"), a private

offshore investment corporation; (iii) Liberation Investment Group, LLC ("LIGLLC"), a Delaware limited liability company and general partner of LILP and discretionary investment adviser to LILtd; and (iv) Emanuel R. Pearlman, as General Manager, Chief Investment Officer and majority member of LIGLLC (collectively, the "Reporting Persons"), with the Securities and Exchange Commission on June 8, 2004, as amended by Amendment No. 1 filed on July 13, 2004, Amendment No. 2 filed on August 27, 2004, Amendment No. 3 filed on September 1, 2004, Amendment No. 4 filed on September 10, 2004, Amendment No. 5 filed on December 13, 2004, Amendment No. 6 filed on April 26, 2005 and Amendment No. 7 filed on May 6, 2005 (the "Schedule 13D"), relating to shares of common stock, \$.01 par value per share ("Common Stock"), of Bally Total Fitness Holding Corporation (the "Company").

 $\mbox{Items 4 and 7 of the Schedule 13D are amended and supplemented as follows:} \\$

Item 4. Purpose of Transaction.

On July 18, 2005, LIGLLC, on behalf of the Reporting Persons, delivered a letter to the Board of Directors of the Company (the "Board"). The letter expressed the Reporting Person's disappointment with the Company's press release, dated July 13, 2005, and management conference call held on the same date, which, among other things, reported that the Company would fail to meet its self-imposed deadline for completing audited financial statements. In addition, the Reporting Persons called for a change in management, including a new chief executive officer, in order to restore investor credibility and move the Company forward. The letter also urged the Board to appoint Mr. Pearlman to the Board to give credibility to the Board's commitments to effect change at the Company and maximize shareholder value. Mr. Pearlman is the General Manager, Chief Investment Officer and majority member of the Reporting Persons, which together are the Company's largest individual shareholder. A copy of the letter is attached hereto as Exhibit 11.

Item 7. Material to be Filed as Exhibits

The following exhibit is filed is filed with this Amendment:

EXHIBIT 11: Letter sent by Liberation Investment Group, LLC to the Board of Directors of Bally Total Fitness Holding Corporation on July 18, 2005.

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: July 19, 2005

LIBERATION INVESTMENTS, L.P.

By: Liberation Investment Group, LLC, ge	eneral partner
By: /s/ Emanuel R. Pearlman Emanuel R. Pearlman General Manager	

LIBERATION INVESTMENTS LTD.

By: /s/ Emanuel R. Pearlman
----Emanuel R. Pearlman
Director

LIBERATION INVESTMENT GROUP, LLC

By: /s/ Emanuel R. Pearlman

Emanuel R. Pearlman

General Manager

Emanuel R. Pearlman

/s/ Emanuel R. Pearlman