HOWARD J TONY Form SC 13G/A February 07, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

SCHEDULE 13G
Under the Securities Exchange Act of 1934
(Amendment No. 5)*

AMCON Distributing Company

(Name of Issuer)

> 02341Q205 -----(CUSIP Number)

December 31, 2005
-----(Date of Event Which Requires Filing of the Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

/ / Rule 13d-1(b)

/ / Rule 13d-1(c)

/x/ Rule 13d-1(d)

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act.

(1) Name of reporting person(s) J. Tony Howard _____ I.R.S. identification no. of above persons (entities only) NOT REQUIRED (2) Check the appropriate box if a member of a (a) / / group (SEE INSTRUCTIONS) (b) / / (3) SEC USE ONLY (4) Citizenship or place of organization United States Number of shares beneficially owned by each reporting person with: (5) Sole voting power 21,623 (6) Shared voting power (7) Sole dispositive power 21,623 _____ (8) Shared dispositive power 0 _____ (9) Aggregate amount beneficially owned by each reporting person 21,623 (10) Check if the aggregate amount in row (9) excludes certain shares // (SEE INSTRUCTIONS) (11) Percent of class represented by amount in row (9) (12) Type of reporting person (SEE INSTRUCTIONS) IN-Individual

ITEM 1(a). NAME OF ISSUER: AMCON Distributing Company

ITEM 1(b). ADDRESS OF ISSUER'S PRINCIPAL EXECUTIVE OFFICES:

7405 Irvington Road Omaha, Nebraska 68122

ITEM 2 (a). NAME OF PERSON FILING: J. Tony Howard

ITEM 2 (b). ADDRESS OF PRINCIPAL BUSINESS OFFICE OR, IF NONE, RESIDENCE:

5325 Oak Hills Drive Omaha, NE 68137

ITEM 2 (c). CITIZENSHIP: United States

ITEM 2 (d). TITLE OF CLASS OF SECURITIES:

Common Stock, par value \$.01 per share

ITEM 2. (e). CUSIP No.: 02341Q205

ITEM 3. STATEMENTS FILED PURSUANT TO RULES 13D-1(B) OR 13D-2(B) of (C):

Not applicable

ITEM 4. OWNERSHIP:

(a) Amount Beneficially Owned: 21,623

(b) Percent of Class: 4.1%

- (c) Number of shares as to which such person has:
 - (i) sole power to vote or to direct the vote 21,623

(ii) shared power to vote or to direct the vote 0

- (iii) sole power to dispose or to direct the disposition of 21,623
- (iv) shared power to dispose or to direct the disposition of $\ 0$

INSTRUCTION. For computations regarding securities which represent a right to acquire an underlying security see Rule 13d-3(d)(1).

ITEM 5. OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS:

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following /X/.

ITEM 6. OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON:

Not Applicable

ITEM 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY:

Not Applicable

ITEM 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP:

Not Applicable

ITEM 9. NOTICE OF DISSOLUTION OF GROUP:

Not Applicable

ITEM 10. CERTIFICATION:

Not Applicable

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, ${\tt I}$ certify that the information set forth in this statement is true, complete and correct.

Date: February 6, 2006 /s/ J. Tony Howard

(Signature)

J. Tony Howard

(Name/Title)

The original statement shall be signed by each person on whose behalf the statement is filed or his authorized representative. If the statement is signed on behalf of a person by his authorized representative (other than an executive officer or general partner of the filing person), evidence of the representative's authority to sign on behalf of such person shall be filed with the statement, provided, however, that a power of attorney for this purpose which is already on file with the Commission may be incorporated by reference. The name and any title of each person who signs the statement shall be typed or printed beneath his signature.