

BALLY TOTAL FITNESS HOLDING CORP

Form 8-K

October 01, 2007

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  
FORM 8-K  
CURRENT REPORT**

**Pursuant to Section 13 OR 15(d) of  
The Securities Exchange Act of 1934  
Date of Report (Date of earliest event reported): October 1, 2007  
BALLY TOTAL FITNESS HOLDING CORPORATION  
(Exact name of registrant as specified in its charter)**

**Delaware**

**001-13997**

**36-3228107**

(State or other jurisdiction  
of incorporation)

(Commission  
File Number)

(I.R.S. Employer  
Identification No.)

**8700 West Bryn Mawr Avenue, Chicago,  
Illinois**

**60631**

(Address of principal executive offices)

(Zip Code)

Registrant's telephone number, including area code **(773) 380-3000**

**N/A**

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 8.01 Other Events.**

On October 1, 2007, Bally Total Fitness Holding Corporation (the Company ) issued a press release (the Press Release ) announcing that the Company has emerged from chapter 11 after satisfying all of the conditions to effectiveness of the Harbinger-funded restructuring proposed under the First Amended Joint Prepackaged Chapter 11 Plan of Reorganization of the Company and its Affiliate Debtors. A copy of the Press Release is filed as Exhibit 99.1 hereto and is incorporated herein by reference.

**Item 9.01 Financial Statements and Exhibits**

(d) Exhibits

99.1 Press Release

BALLY TOTAL FITNESS HOLDING  
CORPORATION  
Registrant

Dated: October 1, 2007

/s/ Marc D. Bassewitz  
Marc D. Bassewitz  
Senior Vice President, Secretary and  
General Counsel