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HIGBEE PA Form 4 December 19 FORM Check thi if no long subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	p, 2005 4 UNITED ST s box s box s for 6. Filed pursu s section 17(a)	FATES SECUI Wa ENT OF CHAN ant to Section 1 of the Public U 30(h) of the Ir	shington, IGES IN SECUR 6(a) of the tility Hole	D.C. 205 BENEFI ITIES e Securiti ling Com	5 49 CIAI es Ex pany	L OWN schange Act of	ERSHIP OF Act of 1934, 1935 or Sectior	OMB Number: Expires: Estimated a burden hour response	•
(Print or Type F	Responses)								
1. Name and A HIGBEE PA	ddress of Reporting Pe AUL M	Symbol	r Name and AL AUT(]			-	5. Relationship of Issuer (Check	Reporting Pers	
(Last)	(First) (Mic		f Earliest Tr Day/Year)	ansaction			Director Officer (give t	title 10%	Owner er (specify
8270 GREE	NSBORO DRIVE	12/16/2	-				below)	below) Trustee	
MCLEAN,	(Street) VA 22102		endment, Da nth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	ne Reporting Per	son
(City)	(State) (Z	^{ip)} Tab	le I - Non-D	erivative S	ecurit	ties Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)			Code	4. Securit or(A) or Dis (Instr. 3, 4 Amount	sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Shares of Beneficial Interest	12/16/2005		М	25,000 (1)	A	\$ 38.75	0	D	
Common Shares of Beneficial Interest	12/16/2005		U <u>(2)</u>	29,000 (<u>3)</u>	D	\$ 38.75	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	ofDeri Secu Acqu or D (D)	rities uired (A) isposed of r. 3, 4,	6. Date Exer Expiration D (Month/Day,	ate	7. Title and A Underlying Se (Instr. 3 and 4	ecurities	8. D S (I
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	5
Options for Common Shares of Beneficial Interest	<u>(1)</u>	12/16/2005		М		25,000	<u>(1)</u>	<u>(1)</u>	Common Shares of Beneficial Interest	25,000	

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
HIGBEE PAUL M 8270 GREENSBORO DRIVE MCLEAN, VA 22102				Trustee	
Signatures					
/s/ Catherine Potter POA for Par Higbee	12	12/19/2005			
**Signature of Reporting Person			Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These options have vested and expired because of a change of control event as required by the Trustee Formula Option stipulated in the Capital Automotive Group Second Amended and Restated 1998 Equity Incentive Plan. These options had a variety of exercise prices as shown below: 15,000 Exercise Price of \$31.12 5,000 Exercise Price of \$33.86 5,000 Exercise Price of \$33.40 with an average of exercise price of \$32.124

(2) These shares were disposed of pursuant to the consummation of the merger between Capital Automotive REIT and entities affiliated with DRA Advisors, LLC.

(3) This total amount of common shares includes the 25,000 options referenced above that vested upon the change of control transaction.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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