CHEWENS MICHAEL J

Form 4

January 17, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

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OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * CHEWENS MICHAEL J

2. Issuer Name and Ticker or Trading Symbol

NBT BANCORP INC [NBTB]

5. Relationship of Reporting Person(s) to

Issuer

(Last) (First) (Middle)

(Street)

3. Date of Earliest Transaction

(Check all applicable)

Sr EVP & CFO

52 SOUTH BROAD STREET

(Month/Day/Year) 01/15/2013

X_ Officer (give title below)

_ Other (specify

10% Owner

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

Director

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NORWICH, NY 13815

							1 013011		
(City)	(State) (Zip) Table	e I - Non-D	erivative :	Securi	ities Acc	quired, Disposed	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquire Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)		d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
NBT Bancorp Inc. Common Stock	01/15/2013		F	650	D	\$ 20.8	34,305	D	
NBT Bancorp Inc. Common Stock	01/15/2013		F	325	D	\$ 20.8	33,980	D	
NBT Bancorp							14,046.634	I	401k

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Inc.

Common

Stock

NBT

Bancorp
Inc. 3,703.4 I Bancorp
Common ESOP

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. TransactionNumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19					01/15/2011(1)	01/15/2020	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 20.3617					01/15/2009(2)	01/15/2018	NBT Bancorp Inc. Common Stock	18,0
Non-Qualified Stock Option (right to buy)	\$ 22.1715					01/01/2005(2)	01/01/2014	NBT Bancorp Inc. Common Stock	715
Non-Qualified Stock Option	\$ 22.352					01/01/2007(2)	01/01/2016	NBT Bancorp	22,0

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(2)	01/20/2015	NBT Bancorp Inc. Common Stock	17,50
Non-Qualified Stock Option (right to buy)	\$ 25.38	01/15/2010(1)	01/15/2019	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(2)	01/01/2017	NBT Bancorp Inc. Common Stock	20,00

Reporting Owners

Reporting Owner Name / Address

Directors 10% Owner Officers Other

Director 10% Owner Officer Other

CHEWENS MICHAEL J 52 SOUTH BROAD STREET NORWICH, NY 13815

Sr EVP & CFO

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Michael J. Chewens

01/17/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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