

FIRST INDUSTRIAL REALTY TRUST INC  
Form 424B3  
November 29, 2004

Filed pursuant to Rule 424(b)(3)  
Registration Statement No. 333-21887

PROSPECTUS SUPPLEMENT NO. 4  
(to prospectus dated February 6, 1998)

3,471,356 Shares  
First Industrial Realty Trust, Inc.  
Common Stock

This prospectus supplement supplements information contained in the "Selling Stockholders" section of the prospectus dated February 6, 1998 relating to the potential offer and sale from time to time of up to 3,471,356 shares of common stock of First Industrial Realty Trust, Inc. by the selling stockholders. This prospectus supplement is not complete without, and may not be delivered or used except in connection with, the prospectus dated February 6, 1998, including any supplements or amendments to such prospectus.

The table below reflects the following transactions:

o The transfer by Princeton South at Lawrenceville One of 161 units to the Arnold N. Kimmel Revocable Trust dated June 8, 1990.

Name ----	Number of shares and units owned before the offering -----	Number offere -----
Arnold N. Kimmel Revocable Trust dated June 8, 1990	161	
Princeton South at Lawrenceville One	4,265	4

The date of this prospectus supplement is November 29, 2004.